

**Notice of a public meeting of
Corporate Parenting Board**

To: Councillors Rawlings (Chair), Cuthbertson (Vice-Chair),
S Barnes, Brooks, Gunnell and Runciman

Date: Monday, 13 February 2017

Time: 5.00 pm

Venue: The King Richard III Room (GO49) - West Offices

AGENDA

1. Declarations of Interest

At this point, Members are asked to declare any:

- personal interests not included on the Register of Interests,
- any prejudicial interests or
- any disclosable pecuniary interests

which they may have in respect of business on this agenda.

2. Minutes (Pages 1 - 8)

To approve and sign the minutes of the meeting held on 21
November 2016.

3. Public Participation

At this point in the meeting members of the public who have
registered to speak regarding an item on the agenda or an issue
within the Board's remit can do so. The deadline for registering is
5pm on Friday 10 February 2017.

Filming or Recording Meetings

Residents are welcome to photograph, film or record Councillors
and Officers at all meetings open to the press and public. This
includes the use of social media reporting, i.e. tweeting. Anyone
wishing to film, record or take photos at any public meeting should
contact the Democracy Officers (whose contact details are at the
foot of this agenda) in advance of the meeting.

The Council's protocol on Webcasting, Filming & Recording of

Meetings ensures that these practices are carried out in a manner both respectful to the conduct of the meeting and all those present. It can be viewed at

http://www.york.gov.uk/download/downloads/id/11406/protocol_for_webcasting_filming_and_recording_of_council_meetings_20160809.pdf

Strategic Theme: Health

In accordance with the Board's work plan, to consider the following reports and updates and receive any updates from Board Members on their agreed areas of interest in relation to these.

Areas of Responsibility

- Show Me That I Matter - Councillor Rawlings
- Housing and Pathway Team - Councillor Stuart Barnes
- Education/Schools - Councillor Brooks
- Health - Councillor Runciman
- Placement Team, Fostering Service and Short Breaks – Councillor Cuthbertson
- Virtual Head and School for Children in Care – Councillor Brooks
- Connexions / Education, Training & Employment - Councillor Gunnell

4. Children and Young People in Care Strategy (Pages 9 - 12) - Young People's Version

Members of the Show Me That I Matter Panel will present a children and young person's version of the Children and Young People in Care Strategy 2016 – 2020.

5. Ofsted Inspection Outcome (Pages 13 - 16)

This item presents the outcome and findings of the recent Ofsted inspection of York's services for children in need of help and protection and care leavers.

6. Meeting the Health Needs of Looked After Children (Pages 17 - 20)

This item presents the most recent analysis of local arrangements for ensuring that the health needs of looked after children are met. This analysis is presented using a benchmarking tool developed from the most recent (2015) Statutory Guidance, set out in Promoting the Health and well-being of looked-after children.

7. Meeting the Emotional and Mental Health Needs of Looked after Children (Pages 21 - 32)

This report provides the Board with a 'snapshot view' of the current range of responses to and services available for safeguarding and promoting the emotional and mental health of looked after children, ahead of further discussion on this subject at their June meeting.

8. Corporate Parenting Board Work Plan 2016-17 (Pages 33 - 36)

To consider the Board's work plan for the current municipal year.

9. Urgent Business

Any other business which the Chair considers urgent under the Local Government Act 1972.

Democracy Officers

Name: Catherine Clarke and Louise Cook (job-share)

Contact Details:

Telephone: (01904) 551031

Email: catherine.clarke@york.gov.uk and louise.cook@york.gov.uk

For more information about any of the following please contact the Democracy Officers responsible for servicing this meeting:

- Registering to speak
- Business of the meeting
- Any special arrangements
- Copies of reports and
- For receiving reports in other formats

Contact details are set out above.

This information can be provided in your own language.

我們也用您們的語言提供這個信息 (Cantonese)

এই তথ্য আপনার নিজের ভাষায় দেয়া যেতে পারে। (Bengali)

Ta informacja może być dostarczona w twoim własnym języku. (Polish)

Bu bilgiyi kendi dilinizde almanız mümkündür. (Turkish)

یہ معلومات آپ کی اپنی زبان (بولی) میں بھی مہیا کی جاسکتی ہیں۔ (Urdu)

 **(01904) 551550**

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City of York Council

Committee Minutes

Meeting	Corporate Parenting Board
Date	21 November 2016
Present	Councillors Rawlings (Chair), Cuthbertson (Vice-Chair), S Barnes, Brooks and Gunnell
Apologies	Councillor Runciman

19. Declarations of Interest

At this point in the meeting Members were asked to declare any personal or prejudicial interests they might have in relation to the business on the agenda or any other general interests they might have within the remit of the Board.

Councillor S Barnes declared a personal interest as a result of the involvement of a close family friend in the adoption process at Scarborough.

20. Minutes

Resolved: That the minutes of the last meeting of the Corporate Parenting Board held on 26 September 2016 be approved and then signed by the Chair as a correct record with the following amendment in point 13 Care Leavers Bill:

- Members welcomed *aspects of* the Government's new strategy and agreed young people in care should be better prepared and supported to live independently.

The Assistant Director of Children's Specialist Services took this opportunity to update the Board that from the 14 November 2016 Children's Services had become subject to the Ofsted Inspection of services for children in need of help and protection, children looked after and care leavers.

The Board noted it was a four week inspection that would run from Tuesday 15 November until Thursday 8 December 2016 and the inspection team would be on site to:

- evaluate the effectiveness of the contact, referral and assessment arrangements including the experiences of children who have recently become looked after.

- track and sample cases and
- meet with staff and service users.

The Board noted the inspection taking place and wished the Director and his staff every success.

21. Public Participation

It was reported that there had been no registrations to speak under the Council's Public Participation Scheme.

22. Good, Safe Placements: Context Setting Data

The Board considered a report that gave them an overview of the placements of children and young people in care of the City of York.

The Group Manager for Quality Assurance confirmed that 192 children and young people were currently in care and he provided a data overview relevant to those placements, including:

- the gender, ethnicity and age of children and young people in care.
- the type and stability of placements including the length of time children and young people can spend in care.
- the legal status of children and young people in care.

The Board discussed and commented upon the dataset and the type of placements that were available. They noted that more males were currently in care, the majority of children and young people in care were aged between 10-15 years and the time spent in care was commonly over 4 years. This led to further discussions around rehabilitation plans for a child to be placed back with their parents and whether national changes to legal aid had affected legal support for parents. Members were advised that parents impacted by public law care proceedings were provided with legal aid.

In answer to Members questions officers agreed to provide national and regional comparators to placement stability of children and young people in care.¹

The Chair thanked officers for their update and he highlighted the slow increase to the accommodation s20 legal status and welcomed an update at a future Board meeting.

- Resolved: (i) That the report be noted and discussed.
(ii) That the national and regional comparators to placement stability of children and young people in care be circulated.

Reason: In order that Members are kept informed on data relevant to placements.

Action Required

<1> Provide national and regional comparators to placement stability of children and young people in care. <1> NF

23. Making York Home - Project Update

The Board considered a report that gave them a comprehensive update on the Making York Home Project.

The Service Manager for Placement Finding, Support and Commissioning welcomed an experienced foster carer to the meeting. Together they gave an update and explained the vision and the approach used to develop the project which looked at the emotional, practical and professional support that foster carers needed in order to provide safe, caring and stable homes in York to all children and young people in care.

The Service Manager confirmed she had worked with various representatives and organisations to explore ways to build a more robust support network that would better serve the most vulnerable children and develop foster carers. She explained the collaboration had pooled resources to develop four key stages which included a rapid approach known as a sprint. It was noted that each sprint allowed up to 10 professionals to meet twice a week for one month to discuss and explore a particular issue or theme. The sessions broadly followed a defined framework and focused on 3 key themes:

- Placement Planning
- Placement Support
- Learning and Development

Members discussed and commented on the key themes and they appreciated this was a long term project that would require constant reviewing. Officers confirmed they would continue to

progress and develop the project to ensure, where appropriate, children and young people in care were placed in suitable placements locally and not outside the City.

The Board were very appreciative of the report and thanked all involved and following further discussions around placements, statutory responsibilities and aspirations it was confirmed that:

- placements outside of York had reduced.
- each foster carer would progress at their own pace and would receive their own individual development plan.
- a child placed out of the area, if appropriate and when possible, would be brought back to York.
- where appropriate the birth parents could be involved in their child's placement allowing a closer relationship with the foster carer.

Resolved: That the report be noted.

Reason: In order that Members are kept informed on the Making York Home Project.

24. Response to the National Transfer Scheme for Unaccompanied Asylum Seeking Children

The Board considered a verbal update from officers on the Council's response to the needs of unaccompanied asylum seeking children.

The Assistant Director of Children's Specialist Services explained how unaccompanied asylum seeking children arrived in the UK and how the National Transfer Protocol for Unaccompanied Asylum Seeking Children had been created to ensure a fairer and safe allocation across all local authorities throughout the UK.

He confirmed York was collaborating with the other 15 Local Authorities within the Yorkshire and Humber Region to create a strategic partnership that allowed them to group resources and work collectively when managing any unaccompanied children.

This collaboration would pool expertise to ensure the best interest of the child was always a primary consideration and that the appropriate assessments could take place to ensure any

health or immediate support needs were appropriately managed.

Members discussed and commented on the arrangements and thanked officers for their update and congratulated them on the progress made. They agreed the Assessment Centre approach would contribute to and ensure a good understanding of each child's needs to allow a safe and secure way forward.

Resolved: That the update be noted.

Reason: To keep the Board updated on the Council's response to the needs of unaccompanied asylum seeking children.

25. Findings of the Ofsted Report following a Children's Home Inspection

Members considered the report by Ofsted in relation to a recent children's home inspection.

The Corporate Director of Children, Education and Communities was pleased to announce that the provision at The Glen had been rated good by Ofsted in all areas and the summary of findings that reflected the strengths of this provision were discussed.

He went on to commend the staff for their outstanding work and gave special recognition to the Registered Manager who had constantly delivered exceptional results and was always committed to improving lives of vulnerable children and young people.

The Board congratulated all staff and requested officers pass on their gratitude and best wishes to the Registered Manager who was due to retire. They agreed the commitment and support staff showed to the children and young people, including their parents and carers, was outstanding and in answer to some Members questions it was noted that an action plan was already in place to work on Ofsted's recommendations to improve the service.

Resolved: That the report be noted.

Reason: To keep the Board updated on the findings of the Ofsted inspection.

26. Children's Social Care Restructure Update

The Board received a verbal update on the progress of the recent Children's Social Care restructure in relation to its impact upon the strategic theme.

Officers confirmed the restructure had established various positions that had been filled, including a new Group Manager post for Achieving Permanence, which would make a significant contribution to good, safe placements.

The Board noted that the restructure had led to some current vacancies. Officers explained that this was due to some staff being promoted to more senior positions created by the restructure and that the vacant Social Worker posts were actively being recruited to. In answer to Members questions it was confirmed that Children's Social Care had a low turnover of staff and a positive response to recruitment

Resolved: That the report be noted.

Reason: To keep the Board updated on the restructure.

27. Members Visits to Children's Homes

The Board received a verbal update regarding Members visits to the two children's homes, The Glen and Wenlock Terrace. It was noted that the homes should be visited at least two times per year by the relevant Members.

Resolved: (i) That officers circulate to Board Members a list of their individual responsibilities.¹
(ii) That officers arrange for the relevant Board Members to visit The Glen or Wenlock Terrace.¹

Reason: In order to strengthen corporate parenting arrangements in the city.

Action Required

<1> Inform the Board of their individual responsibilities and arrange visits to the Children's Homes <1> JS

28. Corporate Parenting Board Work Plan 2016-17

Members considered the Boards work plan for the 2016/17 municipal year.

The Board discussed the role of a corporate parent and how they could engage all Councillors. A previous suggestion of presenting at a Full Council meeting, where all Members would be required to sign a copy of York's Guarantee to children and young people in care, was raised.¹

The strategic themes were considered and it was agreed to swap Education and Health on the workplan.

Resolved:

- (i) That the Director of Children's Services, Education and Skills investigate ways to engage all Members with an option to present at Full Council where all Members would be asked to sign a copy of York's Guarantee.
- (ii) That the strategic theme Health be considered at the 13 February Corporate Parenting Board meeting.
- (iii) That the strategic theme Education be considered at the 10 April 2017 Corporate Parenting Board meeting.

Reason: To keep the Board's work plan updated.

Action Required

<1> Investigate ways to engage all Members at Full Council or training <1> JS

Cllr Rawlings, Chair

[The meeting started at 5.00pm and finished at 7.00pm].

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Corporate Parenting Board**13 February 2017**

Report of the Assistant Director, Children's Specialist Services

Children and Young People in Care Strategy – Young People's Version**Summary**

1. This report supports a children and young person's version of the Children and Young People in Care Strategy 2016 – 2020. This young person friendly version of the strategy has been designed by the Show Me That I Matter Panel [SMTIMP].

Background

2. York's Children in Care Council, SMTIMP, were asked to create a version of the Children and Young People in Care Strategy 2016 – 2020 that can be easily accessed and understood by children and young people. Show Me That I Matter and the Children's Rights and Advocacy Service worked with our in-house Graphic Designer and produced a draft document for presentation to the Strategic Partnership for Children in Care on 7th Feb 2017. The final draft, including feedback from this partnership meeting is presented to the Corporate Parenting Board.

Consultation

3. Members of the Show Me That I Matter panel and the multi agency strategic partnership group for children in care were actively involved in the creation of this document.

Options

4. The draft young person's version of the strategy is presented to the Corporate Parenting Board for final comment, before it is formally launched.

Analysis

5. Feedback from children and young people in care suggests that the draft presented is suitable for a range of young readers. The content is clear and the document presents a good summary of the priority actions set out in the Children and Young People in Care – York's Strategy 2016 -2020

Council Plan

6. This work contributes to the Council Plan priorities:
 - a focus on frontline services
 - a council that listens to residents

Implications

7. Financial

There will be a small publishing cost to ensure that each looked after child has access to a hard copy of this document.ⁱ

- **Human Resources (HR)**
There are no HR implications to consider.
- **Equalities**
There are no issues relating to equalities to consider.
- **Legal**
There are no legal implications to consider.
- **Crime and Disorder**
There are no issues relating to crime and disorder.
- **Information Technology (IT)**
There are no IT implications.
- **Property**
There are no issues relating to property.
- **Other**
No other known implications.

Risk Management

8. There are no risks to consider.

Recommendations

9. Members are asked to comment on and endorse this document.

Reason: In order that Members' comments can be taken into account prior to the launch of the document.

Contact Details

Author:

Nikki Wilson
Children's Rights Manager
Tel No. 07769725174

Chief Officer Responsible for the report:

Eoin Rush
Assistant Director, Children's Specialist Services
01904 554212

Report
Approved



Date 2/2/2017

Specialist Implications Officer(s) *None*

Wards Affected:

All

For further information please contact the author of the report

Background Papers:

Children and Young People in Care – Yorks Strategy 2016 - 2020

Annexes

None

Abbreviations

SMTIMP - Show Me That I Matter Panel

ⁱ Note: The document will be available online, however, children and young people tell us that they would also like a personal hard copy of this document.

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Corporate Parenting Board**13 February 2017**

Report of the Assistant Director – Childrens Specialist Services

Ofsted Inspection Outcome**Summary**

1. This item will present the outcome and findings of the recent Ofsted inspection of York's services for children in need of help and protection and care leavers. The Ofsted report will not be available until 7 February and will be presented to Members at the meeting.

Background

2. Ofsted will publish the findings from their recent four week inspection of services for children in need of help and protection and care leavers on 7 February. Conducted under the Ofsted single inspection framework¹, a comprehensive inspection of York's services for children was undertaken between 15 November and 8 December 2016.

Consultation

3. This item will share with Members the findings, including strengths and areas for development identified by the inspection process. In particular, this agenda item will present an analysis of those findings directly related to services for the City's children and young people in care and including care leavers.

Options

4. This item is the first opportunity for the Board to hear about and comment on the detailed findings of the recent Ofsted inspection.

¹ evaluation schedule available at

Analysis

5. As the final report is not published until 7th February it is not possible to include any more detail in advance of this publication date. The item will include an opportunity for Board members to reflect on the key findings and consider any areas for development alongside the strengths identified.

Council Plan

6. This work contributes to the Council Plan priorities:
 - a focus on frontline services
 - a council that listens to residents

7. Implications

- **Financial**

Without sight of the final report (at the time of publication of the papers) it is not yet possible to predict if there will be any significant financial implications arising from this report.

- **Human Resources (HR)**

There are no HR implications to consider at this stage

- **Equalities**

There are no equalities implications to consider at this stage

- **Legal**

There are no equalities implications to consider at this stage

- **Crime and Disorder**

There are no crime and disorder implications to consider at this stage

- **Information Technology (IT)**

There are no IT implications to consider at this stage

- **Property**

There are no property implications to consider at this stage

Risk Management

8. There are no risks to consider at this stage. Initial feedback at the conclusion of the inspection period confirmed an overall picture of strong and effective services. As with any inspection process it is anticipated that there will be areas to further develop, however, these can be viewed within a context of existing safe and secure services that achieve good outcomes for children and young people.

Recommendations

9. Members are asked to note the outcome and findings of the recent Ofsted inspection of York's services for children in need of help and protection and care leavers and comment on the published report.

Reason: To clarify any issues arising, to comment on the findings in preparation for receiving an action plan to address any areas identified for further development at a future Board meeting.

Contact Details

Author:

Eoin Rush
Assistant Director,
Children's Specialist
Services
01904 554212

Chief Officer Responsible for the report:

Jon Stonehouse
Corporate Director of Children
Education and Communities
01904 554200

Report
Approved



Date 03/02/17

Specialist Implications Officer(s) None

Wards Affected:

All

For further information please contact the author of the report

Background Papers:

None

Annexes

None

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Corporate Parenting Board**13 February 2017**

Report of the Assistant Director, Children's Specialist Services

Meeting the Health Needs of Looked after Children**Summary**

1. This item will present the most recent analysis of local arrangements for ensuring that the health needs of looked after children are met. This analysis is presented using a benchmarking tool developed from the most recent (2015) Statutory Guidance, set out in Promoting the Health and well-being of looked-after children (DH). The updated benchmarking progress report will not be available until this item has been discussed and reviewed by the Strategic Partnership for Children in Care on 7 February 2017 and will be presented to the Corporate Parenting Board at their meeting on 13 February.

Background

2. Safeguarding and promoting the health of Looked After Children is a key priority in the Children and Young People in Care – York's Strategy 2016 – 2020. Specifically the strategy states:

Introduce a Health Passport for all children and young people in care which supports their, and their carers', understanding of their health needs. (pg. 6)

Implement the recommendations arising from the 2015 local review of compliance with statutory guidance for the 'Health of Looked after Children'. (pg.6)

3. **Consultation**

This item will provide the Board with an update on progress against full local compliance with the arrangements set out in the statutory guidance. This item is due for consideration at the Strategic Partnership for Children in Care on 7th February and the updated benchmarking tool will be presented to the Board on 13th February.

This item will include an update to the Board on the full implementation of the Health Passports for Looked After Children.

Options

4. This agenda item will provide the Board with the opportunity to evaluate and comment on current progress.

Analysis

5. As the latest update on progress against the benchmarking tool will not be available until after the strategic partnership on 7th February, it is not possible at this stage to comment in detail on current progress.

The progress and areas for further development identified through the benchmarking tool will be further informed by the recent external scrutiny of these arrangements at the end of 2016. Specifically local arrangements to support and promote the health of looked after children were scrutinised through the Ofsted inspection and a subsequent Care Quality Commission inspection of these services and arrangements conducted in December 2016. The findings from all of this external scrutiny will be available for the next Board meeting.

Council Plan

6. This work contributes to the Council Plan priority:
 - a focus on frontline services

7. Implications

- **Financial**

No financial implications have been identified at this stage.

- **Human Resources (HR)**

There are no HR implications to consider at this stage

- **Equalities**

There are no equalities implications to consider at this stage

- **Legal**

There are no equalities implications to consider at this stage

- **Crime and Disorder**

There are no crime and disorder implications to consider at this stage

- **Information Technology (IT)**

There are no IT implications to consider at this stage

- **Property**

There are no property implications to consider at this stage

Risk Management

8. There are no risks to consider at this stage.

Recommendations

9. Members are asked to consider the presentation of progress towards the full compliance with the guidance set out above.

Reason: To clarify any issues arising, to comment on progress and in preparation for receiving an updated health action plan (informed by the findings of the Ofsted and CQC inspections undertaken in November and December 2016 and whose combined findings will be available for the April Board meeting)

Contact Details

Author:

Eoin Rush
Assistant Director,
Children's Specialist
Services
01904 554212

**Chief Officer Responsible for the
report:**

Jon Stonehouse
Corporate Director of Children
Education and Communities
01904 554200

Presentation to be given
by:

Karen Hedgley
Designated Nurse
Safeguarding Children

**Report
Approved**



Date 03/02/17

Wards Affected:

All



For further information please contact the author of the report

Background Papers:

None

Annexes

None



Corporate Parenting Board**13 February 2017**

Report of the Assistant Director – Childrens Specialist Services

Meeting the Emotional and Mental Health Needs of Looked after Children**Summary**

1. This item provides the Board with a 'snapshot view' of the current range of responses to and services available for safeguarding and promoting the emotional and mental health of looked after children and is presented in advance of the substantive Board discussion on the emotional and mental health of looked after children scheduled to take place at their meeting in June.

Background

2. A short paper setting out an overview of the current approach to supporting the emotional and mental health of looked after children is presented. This report describes the range of services responses currently in place and provides a focus for an initial Board discussion. This outcome of this discussion will inform the presentation and recommendations to the June Board where this issue will be a substantive item.

Consultation

3. This presentation shares a snapshot view of the current arrangements with Members. This brief presentation is intended to further equip the Board with information about local context in preparation for a substantive presentation and discussion in June.

Options

4. This item is presented as an initial opportunity for the Board to hear about the range of current services and service responses to safeguarding and promoting the emotional and mental health of looked after children.

Analysis

5. The report presented describes a range of bespoke and sometimes child specific responses to meeting the emotional and mental health needs of looked after children. This snapshot helps to inform the direction of future service development. At this stage, it is helpful to get an initial and early view from the Board about the planned approach to the future development of these arrangements.

Council Plan

6. This work contributes to the Council Plan priorities:
 - a focus on frontline services
 - a council that listens to residents

7. Implications

- **Financial**

A detailed financial analysis will be presented to the Corporate Pare Board when this issue is presented as a substantive item.

- **Human Resources (HR)**

There are no HR implications to consider at this stage

- **Equalities**

There are no equalities implications to consider at this stage

- **Legal**

There are no equalities implications to consider at this stage

- **Crime and Disorder**

There are no crime and disorder implications to consider at this stage

- **Information Technology (IT)**

There are no IT implications to consider at this stage

- **Property**

There are no property implications to consider at this stage

Risk Management

8. There are no risks to consider at this stage.

Recommendations

9. Members are asked to consider and comment on the report.

Reason: To clarify any issues arising in preparation for receiving a detailed service development action at the June meeting.

Contact Details

Author:

Eoin Rush
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Chief Officer Responsible for the report:

Jon Stonehouse
Corporate Director of Children
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01904 554200

**Report
Approved**



Date 03/02/17

Specialist Implications Officer(s) *None*

Wards Affected:

All

For further information please contact the author of the report

Background Papers:

None

Annexes

Annex 1 Briefing Note

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Emotional and Mental Health of Looked After Children in York – Briefing Note

January 2017

1. Introduction

In York there is a multi-faceted approach to promoting the emotional and mental health of our Looked after Children, and responding to their needs as they arise.

This approach is informed by our vision for York's children and young people in care (set out in the 2016 -2020 Childrens and Young People in Care Strategy). Specifically:

...we want our children and young people to have everything that good parents want for their children. In other words: to be happy and health, safe and protected and supported each step of the way to adult life.

We know that fear of stigma is a key issue for children and young people who need additional help to support their good mental wellbeing. Our looked after children in York tell us that they want their lives, above all, to be 'normal'. This was a key feature of our consultation with them.¹

This briefing note describes York's approach to supporting the emotional and mental health of looked after children, the range of services we offer, the numbers of children receiving these services, and the future developments that have been planned.

2. Our Approach – All Looked after Children

Our approach to supporting and responding to the emotional and mental health of our looked after children focuses on equipping those closest to our children so that they are in a position to recognise and respond to the children's needs as appropriate. A programme of continuous training, advice and support is in place for our:

- foster carers [e.g. certificate of accreditation in Trauma and Attachment]
- social workers [e.g. DDP training]
- pastoral school staff [e.g. ELSA Training]

¹ pg 11 C&YPiC York's Strategy 2016 - 2020

- wider school [e.g. VHT Delivers Developmental Trauma and Attachment training –through Pathfinder.]

To support these frontline practitioners we have created a range of specialist practitioners who work in the field and who also provide direct support to our children:

- Emotional Literacy Support Assistants – There are 220 ELSAs trained in York schools. This group is alerted to the looked after children in their settings through the termly school list.
- School Cluster Well-being Workers – managed through the local authority, and supervised by Specialist CAMHS, this group of workers provides advice, support and some direct interventions to children and young people in schools. They prioritise looked after children.
- Primary Mental Health Workers – these colleagues are available to advise and assess children where there may be concerns for escalating mental health problems

3. Childrens with Emerging or complex Mental Health Needs

Of course where a child's needs are beyond the skills or experience of our frontline staff we have commissioned a range of specialist interventions that can be tailored to the individual needs of any child or young person. These arrangements sit on top of the core CAMHS offer and include:

FIRST	Nationally Recognised specialist intervention for looked after children with highly complex needs – led by Dr Alex Velic, Consultant Child Psychologist . This service has worked with 12 Looked After Children and those on the edge of care.
Dr David Lucey	Dr Lucey is a specialist Consultant Clinical Psychologist ; he is commissioned by CSC in York has advised on and is supporting the planning for 5 Looked After Children

PTSD trauma	This specialist provision for our UASC is identified through the regional response arrangements now in place. Our Welcome Centre approach allows us to make a careful initial assessment of the possible emotional and mental health needs and use this informed view to decide on the initial appropriate pathway. Currently it is necessary to spot purchase Post Traumatic Stress Disorder support for these young people.
Forensic Panel	These arrangements include attendance by Dr Paul Tiffin . Over the past year this panel has considered and reviewed 5 children.
Ed Psych CLA	York has a Specialist Educational Psychologist for Looked After Children (0.3 fte) The role involves co-delivery of training with the Virtual Headteacher, as well as representation on strategic groups and advocacy for young people in care. The wider EP service prioritises attendance at all CLA EHCP and PEP reviews.
Prof Barry Wright	Dr Wright is a Professor of Child Psychiatry at the Hull Medical School . He provides advice and consultation in relation to the evaluation of our developing arrangements for the support and responses to the emotional and mental health of our children
Other Commissioned Services	There are 3 looked after children receiving bespoke mental health packages from the following providers: <ul style="list-style-type: none"> • Aspire • Integrated Families • Ebor Psychology

<p>Specialist CAMHS Services</p>	<p>There are currently no looked after children on the waiting list for specialist CAMHS in York.</p> <p>There are currently 8 looked after children are currently in receipt of Tier 3 CAMHS locally.</p> <p>There 2 Looked After Children receiving CAMHS in external placements</p>
<p>Danesgate Community York²</p>	<p>At Danesgate nurture group provision and bespoke personalised programmes are designed to meet the education needs of 5-17 year olds who have escalating social, emotional and mental health needs to the extent that they cannot access education in a supportive mainstream setting. Specialist teaching supported by a 'reducing anxiety', solution-focused approach allows young people to take control of their learning, focus on future progression and build their self esteem</p> <p>Pupil voice PowerPoint's are used in reviews to allow students to put their voice into their programmes and also as a vehicle for review and reflection on what has worked and why- (examples available)</p> <p>There are currently 11 looked After Children attending this provision.</p>
<p>NSPCC [York]</p>	<p>Therapeutic provision for children who have experienced sexual abuse.</p> <p>There is currently 1 looked after child receiving this provision</p>
<p>Inpatient Psychiatric Provision</p>	<p>St Andrews Hospital – Northamptonshire 1 looked after child</p>

² The Head of Danesgate sits on the Yor-OK Board (Early Help), Schools Forum (Vice Chair), Local Safe-guarding Board (Education rep on Serious Case Review sub group), Strategic Commissioning Partnership Group and Joint Panel.

4. Ongoing Development Work

I. Understanding the Profile of our Looked after Population - Developing a baseline for future development

In partnership with Leeds University, Children's Specialist Services (York) surveyed over 6000 school children across years 6 to 10. This survey was conducted to get an overall baseline (heat map) of the emotional health of York's children. We are currently preparing to map the emotional and mental health of our Looked After population against this picture to gain a better understanding of their profile and to support some further investigations into the type and nature of future support needed for this group.

This work is seen as a key priority especially in the context of apparently higher than average SDQ score returns for some looked after children. We are currently exploring this issue further and in light of the City wide survey approach working with our research partners to develop the tool to ensure better benchmarking of our looked after populations emotional well being with all children in the City.

It is right to report that this year as a consequence the transition from RAISE to our new system MOSAIC we can only pull through by report those SDQs that have been entered into the workflow of the new system – while this available data reassures that since April 16 there is a high level of activity we cannot until late January 17 run the complete picture.

II. Strategic Partnership for the Emotional and Mental Health of Children and Young People

A survey of key stakeholders across the childrens trust community of providers was undertaken in 2015 to refresh the strategic priorities for the City and to inform a refresh of the strategic partnership arrangements.³ The responses to this survey have informed the new partnership arrangements and clearly identified strong multi agency support for a Children's Looked After work strand and sub group.

This new arrangement will provide a multi agency forum to support the ongoing developments and planning in relation to the emotional and

³ Improving the Emotional and Mental Health of Children and Young People in York

mental health of all looked after children. The sub group will be chaired by the Group Manager for Achieving Permanence who has a single line of sight across all looked after children and young people.

Key developments already under way that will be progressed under the aegis of the revised sub group include:

- a) In partnership with the Council for Disabled Children and the national DfE Innovation programme, the development of a York ***intensive therapeutic residential short breaks*** offer (incorporating FIRST and York's short breaks service). This new service will support those children and young people who have Autism/Aspergers with a dual diagnosis of LD and mental health difficulties. The development of this service is a response to recognition that several children and young people which this combination of needs have ended up in Tier 4 facilities with deteriorating mental health and associated poor outcomes.

In York we have already demonstrated the effectiveness of this approach, both in terms of preventing children and young people coming into care and in terms of creating stability and better outcomes for those in care.

- b) In partnership with higher educations settings in the region we are scoping the development of ***embedded trainee psychologists*** within our looked after and referral and assessment teams. Although at an early stage, we have identified a unique opportunity to ensure that work in both of these key areas is enhanced by the systematic inclusion of a psychological perspective in relation to key decisions and assessments.

These arrangements will be discussed with the local CAMHS provider to ensure that escalation and referral pathways are aligned where an onward referral is required.

- c) A Looked after Children's Learning and wellbeing adviser will be appointed, work with the Virtual School, CAMHS (through the wellbeing worker programme) and schools to directly support students and train staff in order to develop capacity.

5. Conclusions

We know from our work with our specialist mental health colleagues that the best way to secure our children and young people's emotional and mental health is to facilitate and secure their engagement in 'normal' life. Specifically, to support their regular school attendance (in settings where staff are trained to be attuned to their emotional and mental health needs); to support their care in settings (where possible family placements with carers trained and attuned to their emotional and mental health needs); to support their social relationships with family and friends (facilitated by social care staff who are trained to understand some of the specific attachment and related needs they may experience). In short, our looked after children do best in a whole system that is alert to and can respond to their emotional and mental health needs.

Where more serious needs emerge, we know that early identification and timely expert help is essential. In York we recognise that a clear pathway into a local specialist CAMHS service is important but not in itself a sufficient offer. Instead we offer and continue to develop a range of responses tailored to the unique need of each child and young person.

Our ambition is to directly provide or commission a full spectrum of emotional and mental health responses for our looked after population which means that no child or young person has to travel beyond the City boundary to have their needs, however serious, met. This aspiration is already in part achieved as is evident by the flexible range of responses in place. However, perhaps more significantly, we have made significant progress in the necessary culture change towards introducing a *whole system* approach to supporting and improving the emotional and mental health of our looked after population.



Eoin Rush
Assistant Director – Childrens Specialist Services
January 2017

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Corporate Parenting Board – Workplan 2016-17

Meeting Date	Strategic Themes	Reports Supporting Strategic Theme	Other Reports
27 June 2016	Education	Virtual School Development Updates <ul style="list-style-type: none"> • Development of 2016-17 Virtual School Improvement Plan • Rees Centre for Education – key issues for Elected members • Results of Poetry Competition 	<ul style="list-style-type: none"> • Update on SMTIM Panel (including Bright Futures Scheme) • Corporate Parenting Board Programme of Work and Priorities
26 Sept 2016	Emotional Wellbeing & Mental Health; Wellbeing; Relationships & Identity	<ul style="list-style-type: none"> • SMTIM Panel Annual Report 2015-16 • Annual Advocacy Report 2015-16 • Care Leavers Bill – Keep on Caring • Making York Home – Update 	<ul style="list-style-type: none"> • Virtual School Update - GCSE and A Level results for children in care • Independent Reviewing Officer Annual Report • Inspection Briefing
21 Nov 2016	Good Safe placements	<ul style="list-style-type: none"> • Making York Home – Project Update • Context Setting Data • Findings of the Ofsted Report following a Children's Home Inspection 	<ul style="list-style-type: none"> • Children's Social Care Restructure Update • Member Visits to Children's Homes • Response to the National Transfer Scheme for Unaccompanied Asylum Seeking Children
13 Feb 2017	Health	<ul style="list-style-type: none"> • Meeting the Health Needs of Looked After Children • Meeting the Emotional and Mental Health Needs of Looked After Children 	<ul style="list-style-type: none"> • Children and Young People in Care Strategy 2016-20 – Young Person's Version • Ofsted Inspection Outcome

Meeting Date	Strategic Themes	Reports Supporting Strategic Theme	Other Reports
10 April 2017	Education	<ul style="list-style-type: none"> • Primary Education data – children in care • Education: Secondary school data – 	<ul style="list-style-type: none"> • Findings from Ofsted and CQC Inspections in relation to supporting and promoting the health of looked after children • Local Area Teams and their role in supporting vulnerable children
26 June 2017 (provisional)	Emotional Wellbeing & Mental Health; Wellbeing; Relationships & Identity	<ul style="list-style-type: none"> • Relevant performance data • Development action plan around Emotional and Mental Health Needs of Looked after Children 	<ul style="list-style-type: none"> • Report to Learning & Culture Policy and Scrutiny Committee
25 Sept 2017 (provisional)	Respect & Involvement	<ul style="list-style-type: none"> • Annual SMTIM Report • Annual Advocacy Report 	<ul style="list-style-type: none"> • Independent Reviewing Officer Annual Report • Member Visits to Children’s Homes
20 Nov 2017 (provisional)	Moving to Adulthood	<ul style="list-style-type: none"> • Staying Put • Housing • Education, Training & Employment • Apprenticeships • Where young people live • Relevant performance data 	
12 Feb 2018 (provisional)			
16 April 2018 (provisional)			